

Woodland Park School District

853 McBride Avenue
Woodland Park, NJ 07424

Dear Parents/Guardians,

In the Woodland Park School District, we work hard to ensure that students' minds and bodies are ready for learning each day. In addition to the hard work our teachers and staff do every day to prepare students for success in the classroom, we can also work to encourage healthy eating and physical activity, leading them to lifelong success. By helping them start healthy habits early in life, we can help reduce our children's health risks and increase their chances for longer, more productive lives. We also recognize the safety issues for students with food allergies. We hold the safety of all the students at our school in the highest regard.

Moving forward we highly recommend that Parents/guardians honor their child's birthday by sending non-food treats. As educators, caregivers and loved ones we all want the best for our students. Thank you for joining us in giving students healthy opportunities to celebrate important events and achievements. We are looking forward to making our school the healthiest it can be so our students can do their best work. Thank you in advance for your cooperation.

Here is a list of ideas:

- Chalk
- Stickers
- Erasers
- Holiday theme items
- Crayons
- Pens
- Decorative pencils

Here are a few other ways that you can celebrate your child's birthday at school:

- Donate a book to the school in honor of your child's birthday with his/her name inside.
- Have your child bring their favorite book to share and read it to the class.
- Donate a ball or jump rope to the classroom for recess.
- Choose a favorite song or musical piece to sing or play for the class.

Have a healthy day!

Sincerely,

The Woodland Park School District Nurses